

Mutkin Messenger

June 2024

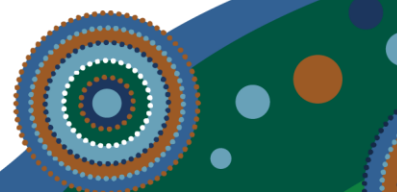
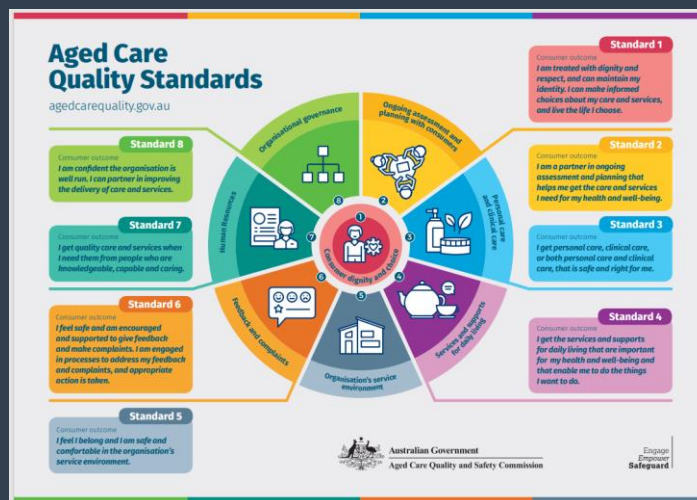


L-R: Stephanie Pierce (RN), Linda Thomas (CEO), Mandy Earley (Quality Assessor), Dixie Hari (HRM), Phillip Bergman (Quality Assessor)

Residential Quality Audit

The Aged Care Quality and Safety Commission appoints auditors to ensure that our service delivery is compliant with and meets the Aged Care Quality Standards. This month, Mutkin underwent an audit of our Residential Services with the aim of evaluating the care we provide to residents against the standards.

Further details of the report can be found on the Aged Care Quality and Safety Commission website under Mutkin Residential and Community Services.



STAFF TRAINING - CHEMICALS

Paul Gage (pictured right) from NQ Supply led a training session for the Operations staff.

Staff were trained on the many chemicals used in aged care, how to identify the right ones based on their intended use, and how to handle chemicals safely by wearing personal protective equipment (PPE) and using, storing, and disposing of them appropriately.



Training Facilitator: Paul Gage



L-R: Stanley Dabah, Moira Murgha, Paul Gage, Cindel Keyes, David Sands, Cameron Fourmile



Training Facilitator Paul Gage speaking about Safety Data Sheets (SDS)



Keleisha Bounghi and Sophie Sexton being shown correct use and installation of chemicals



Family time: Sandy Cannon visiting family member
Julia Cannon

NDIS Community Access

NDIS Community Access is an activity that provides our Residential clients an opportunity to engage with the wider community, supports recreational outings and activities and assists in maintaining connections with family.

Sandy spent his time in town visiting family, whilst Zena took the chance to see a movie.

Both residents love the interaction when out and about.

Vehicle Maintenance

Without the love and care for our vehicles we are not able to service and provide client support. We would like to express our gratitude to our team members who make it their top priority to clean and maintain our vehicles so that community clients and residents can enjoy the satisfaction of travelling in a clean and comfortable car.



Zena Sands at the Movies



Jason Thomas and Colin Cedric undertaking cleaning and maintenance of our
work vehicles



L-R: Eloise Hari, Gabrielle Hari, Zatica Hari in the Canteen volunteering their time to assist Mutkin to fundraise

FUNDRAISING

Mutkin would like to express our appreciation and gratitude to the Community members who assisted us in our fundraising at the Yarrabah Foundation Day event.

Mutkin uses fundraising to go towards events designed for Residents, Community Elders and Staff functions.



RURAL LAP Nurse Stephanie Pierce

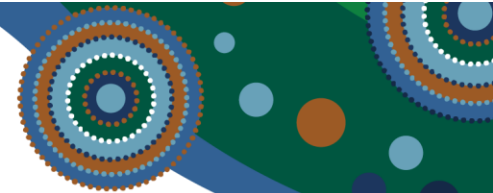
FAREWELL STEPH

Stephanie (pictured left) came to Mutkin as part of the Rural LAP program that provides aged care locum assistance to services who are rural and remote.

Stephanie's time with us made an impact on our services. She brought with her high-quality nursing skills and experience which was needed at our aged care facility. Positive feedback was consistently provided to us from family members of residents, staff and stakeholders.

One of Stephanie's favourite things to do with residents was participate in karaoke, so we celebrated her final moment with morning tea and singing.

Thank you, Stephanie, for your time with Mutkin. We hope to see you again soon and wish you all the best in your future endeavours.



CHSP and HCP Messages

Lawn Mowing

Important message for our community clients on lawn mowing services:

- The lawn mowing team follow a schedule for lawns. The frequency for lawn maintenance is approximately every three weeks.
- All yards must be cleaned from excess rubbish as we do not do household or rubbish removal. Our focus is lawn maintenance.
- We do not cut down trees
- Services will not be provided on rainy days
- On completion of the service you may be asked to sign a form to evidence service delivery.

Meals on wheels

- Meals delivery commences at 11.30am.
- You must inform Mutkin staff if you have any special dietary requirements.
- On delivery of meals you are required to sign off to evidence meals have been delivered.
- Meals will be delivered to the address we have on file, if you have changed addresses you will need to inform us.
- You or a family member must notify Mutkin when you are away from home for periods of time such as a holiday, hospital admission, camping and other reasons. We will then cease your meals on wheels until you return.

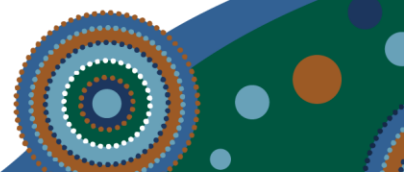
Transport

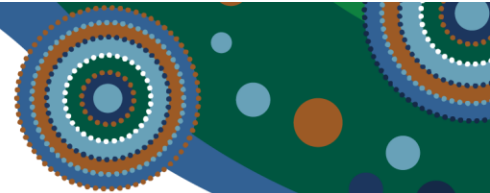
- Town transport trips for ladies is on Wednesdays; please ring Mutkin to confirm.
- Town transport trips for men is on Thursdays; please ring Mutkin to confirm.
- All other transport request for shopping on other days need to be approved by Management.
- For booked appointments in Cairns we require a copy of your appointment letter and require at least 48 hours' notice.
- Transport for sorry business need approval from Management. It is recommended that family carers assist with sorry business requests.
- You are required to be ready prior to your transport pick up.

Home visiting schedules

Our staff have home visiting schedules that they follow in providing community home support services. Please be mindful of the following:

- That you have a scheduled day and time for services and this is planned with you.
- We are unable to accommodate your request for a service if you ring outside of your scheduled day.
- Webster medication packs are picked up and dropped off on Mondays.
- You must advise staff of any dogs you or family living with you may have.
- We encourage all community clients to update their phone number details with us as soon as it happens.





Who are Carers?

- Carers are people who provide **unpaid** and **paid** care and support to family members and friends who have a disability, mental illness, chronic condition, terminal illness, an alcohol or other drug issue or who are frail aged.
- Carers are an integral part of Australia's health system and are the foundation of our aged, disability, palliative and community care systems.

Carers Responsibilities

- Caring may include help and support with any of the daily activities of living of the person being cared for. It may include physical and personal care such as dressing, lifting, showering, toileting, feeding or providing transport.
- Commonly, carers are responsible for the management of medications, and also provide emotional and social support. Caring may also involve help with organising and attending appointments, banking and dealing with emergencies.
- If you are a carer and are finding it challenging in caring for someone please contact one of our staff members at Mutkin on 40 569290.
- You or a family member must notify Mutkin when you are away from home for periods of time such as a holiday, hospital admission, camping and other reasons. We will then cease your meals on wheels until you return.

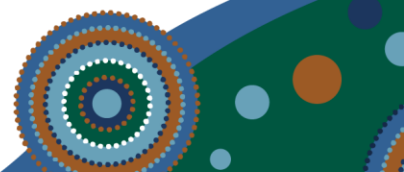


Community Social Group Outing

L-R: June Noble, Hope Patterson, Nikita Patterson, Davida Schrieber, Gail Fourmile, Shirleen Murgha



Marina Pollard waiting to commence her trip at the Aquarium



AQUARIUM EXCURSION

This month, residents and community clients visited the Cairns Aquarium. The excursion was organized by NDIS Team Leader Esmay. This type of activity was great for our NDIS and Community clients as we saw their interaction and curiosity grow when walking into the Aquarium.

"I observed a lot of individuals speaking about the different types of marine life and where they find them in Yarrabah", Esmay remarked. "This was such a great trip for them. And they were still talking about the aquarium during our lunch on the esplanade afterwards".

Walking through the aquarium tunnel and seeing fish, stingrays, and sharks swim by us was one of the most amazing experiences.

Keep an eye out for more details if you want to join the next trip.



FRONT L-R: Sandra Smith, Shirleen Murgha (PCW), June Noble, Carol Warta, Millie Maywee, Amy Johnson, Valerie Murgha

BACK L-R: Madisson Simpson (EN), Nikita Patterson (PCW), Gail Fourmile (PCW)



Admiring the marine life: Millie Maywee and Carol Warta



Walking through the tunnel: Shane Thomas (NDIS Care Worker) with Sandy Cannon.



Sandy Cannon admiring the view of marine animals



Look how massive this tank is!
Pictured L-R: Malcolm Keyes, June Noble, Munroe Yantumba, Sandy Cannon



How many fish can you spot?
Pictured: Marina Pollard and June Noble



Who's brave to get in a tank with these boys? Not any of us, that's for sure.



PHYSICAL ACTIVITY

Engaging in regular physical activity will help you to maintain your independence and your ability to perform daily tasks.

As we age, doing everyday things do become hard and we tend to find it difficult to do even the simplest of things like walking, putting on clothes, or brushing our hair.

To improve our balance and brain function, and to prevent falls we need to ensure that we make physical activity part of our daily routine. As we do that, our muscles and bones become stronger and our brain functions improve.

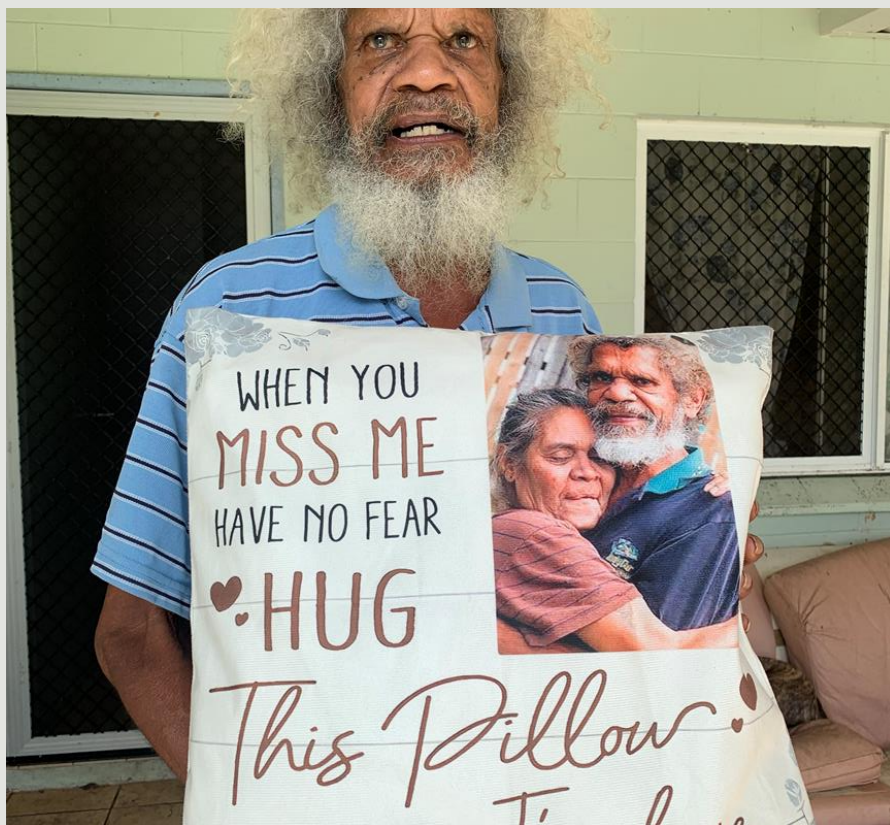
Residents like Edwin (pictured left) enjoys workouts given by the Physio visit at Mutkin.

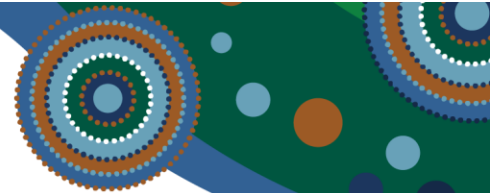
ALWAYS BY YOUR SIDE

Russel Sands (pictured right) shared this photo with us to show the heart felt gesture given to him by his family.

Partners, wives, husbands share a very special place in our hearts. Having this pillow made for Russel was so heart touching and reminded him of his late partner.

Thank you, Russel, for sharing and for the family who gave him this kind gift.





HAPPY BIRTHDAY!

This month Sandy Cannon celebrated his special day at Mutkin. From all of us, Happy Birthday Sandy!



EMPLOYEE OF THE MONTH

Regarding the worker who is said to be empathetic and enthusiastic in working with the elderly, exhibiting compassion, dignity, and respect. This month's employee of the month goes to Sandra Smith.

Sandra consistently upholds professionalism and has met and surpassed the following Mutkin values.

Transparency – We deliver culturally appropriate services to our community encouraging feedback and demonstrating continuous improvement in our practices ensuring each consumer is provided quality care tailored to their needs.

Trust – We take ownership in our work every day to build integrity reliability and trust.



VISION

To lead the way in providing quality care for those in need who are frail, aged and disabled for Yarrabah and surrounding areas.

MISSION

Providing culturally appropriate and quality Residential and Community care

STATE OF ORIGIN

Residents and Staff are taking things seriously while the 2024 State of Origin Series is upon us. We have organised lunches for each match where residents dressed in their team colours watching the games. Staff got involved in doing sweeps for first try scorers. We can proudly say that Queensland has the majority of supporters amongst our NRL fanatic staff and employees. Game 3 will be interesting as both teams battle it out at the Decider! May the best team win.

Ampol State of Origin

